

## THE GYM TX

Home

(512) 667-1687

# Welcome to 2025

The personal fitness facility for all of your needs  
Small Gym Big Results  
located in Georgetown, TX



### Benefits

#### Benefits:

- Personalized workouts
- Nutrition help and Advice
- Flexible hours
- No Age requirements
- Free waters
- Family Community
- Private gym so that clients are always with a trainer



### Variety of Workouts

Our gym offers a wide range of workouts, from cardio and strength training to group classes, ensuring that you never get bored and always stay motivated.



### Expert Trainers

Our team of expert trainers are dedicated to helping you reach your fitness goals.



### Community and Comfort

At The Gym TX, we strive to create a warm and welcoming community where you can feel at ease while working towards a healthier lifestyle.

## Get Fit with Us

Workout at your own pace and achieve your fitness goals with our wide range of equipment and classes at The Gym TX.



### Top-of-the-Line Equipment

Our gym is fully equipped with the latest and most advanced equipment, ensuring a top-notch workout experience.

### Group Fitness Classes

Join our diverse group fitness classes to get motivated, have fun, and reach your fitness goals faster.

### Personalized Training

Our certified personal trainers will create a personalized workout plan tailored to your goals and needs.

## Join The Gym TX Today

Unlock your potential with our premium services

## Fitness Is for Everyone

At The GYM, fitness is for everyone. We offer personalized training programs and assisted stretching, ensuring individuals of all abilities can thrive. Whether you're new to fitness or a seasoned athlete, our supportive community will guide you towards your goals, empowering you to achieve better health and vitality.

### Pricing

1 session per week- **\$360**

2 sessions per week- **\$640**

3 sessions per week- **\$850**



### Personalized Training

Our certified trainers will create a personalized workout plan tailored to your goals and abilities



### Custom Advice

Our specialist will educate you on proper strategies to support your fitness journey



### Group Classes

Join our energetic group classes to push your limits, have fun, and stay motivated with a supportive community



### Extra Amenities

Enjoy access to our high-end facilities, and relaxation area for ultimate post-workout recovery



### Exclusive Events

Be part of our exclusive events, challenges, and workshops led by renowned fitness experts and influencers



### Expert Support

Our knowledgeable and friendly staff is always available to answer your questions and provide support and guidance

## Meet Our Trainers

Discover our skilled and experienced team dedicated to helping you reach your fitness goals at The Gym TX.





Christian Graffeo  
**Owner**

Hey there, it's Christian Graffeo. I'm your go-to personal trainer and foodie fanatic, but it wasn't always this way. Growing up overweight, I turned my love for food into a passion for culinary arts, graduating from culinary school before diving into the world of fitness. With nine years in the game and NASM certification, I'm all about helping you crush those fitness goals while still enjoying delicious, healthy meals.

When I'm not sweating it out in the gym, you'll catch me pounding the pavement or taking a stroll, all while keeping my family close. Let's team up and smash those wellness goals together, one workout at a time!



Aj Casner  
**Owner**

Hey there, I'm Aj Casner – your dedicated personal trainer on a mission to help you crush your fitness goals and live your best life. With a deep passion for helping people and a burning desire to make the world a better place, I've spent five impactful years in the fitness world. From strength training to running and even assisted stretching techniques, I've got you covered. Certified through the American Council on Exercise (ACE) and fueled by a commitment to wellness, I'm here to guide you on your journey to a healthier, stronger you.

In my free time, you'll find me indulging in my love for sports, whether it's hitting the court or the field. I'm also a big fan of playing games and spending quality time with family. Get ready for personalized training programs, loads of enthusiasm, and the unwavering support you need to reach your full potential. Let's make those fitness dreams a reality together!


## Ready to start your fitness journey?

Join The Gym TX today and take the first step towards a happier, healthier you!

[Sign up now](#)

### Contact Us

Need more information or have a question? Contact our team at The Gym TX and we'll be happy to assist you.

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YOUR NAME

YOUR EMAIL

SUBJECT

YOUR MESSAGE (OPTIONAL)

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